

Key Realized Strengths to deliver my goals

① Planner

Action:

Carefully plan out the project, milestones and assign resources to tasks.

② Explainer

Action:

Provide succinct instructions to the team about what the requirements are, so that they are clear about the tasks they need to do.

③ Bounceback

Action:

Use setbacks as motivating factor to bounceback and get back on track.

A Learned Behavior to be mindful of

① Resolver

Action:

After resolving a problem, make sure to do an activity that is a Realised Strength, so as to boost my energy levels.

STRENGTHS · PROFILE



Goals Planner

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Key Unrealized Strengths to help reach my goals

① Humour

Action:

In challenging times bring in humour, so as to lighten the mood and boost the morale of the team.

② Incubator

Action:

Allow yourself time to process information when faced with challenges in the project.

③ Esteem Builder

Action:

Feed back to team members when they have performed well, so as to encourage them.

A Weakness that could impact my goals

① Action

Action:

Ask the team leader for their input into the decision making process.

MY TOP GOAL

Deliver project to deadline and budget